

**NAUGHTY[®]
NUTRITION**



with **Dr. KAAYLA T DANIEL**

BOOK DR. KAAYLA T. DANIEL

“A class A entertainer and a Naughty Nutritionist.”

— Joel Roberts, media coach & former co-host of KABC Los Angeles, the highest rated talk radio program.

Dr Kaayla will surprise, delight and edu-tain your audience as she reveals:

- The fats of life
- Why cholesterol is your “friend with benies”
- What foods should be used only as “condom-ints”
- Which foods are truly well-endowed
- How plants bite back!
- Why it’s time to “lose your veganity”
- How to “practice safe soy”
- “Dirty little secrets” of the detox fad
- The diet and lifestyle secrets **YOU** need to know to be fruitful and frisky for life.

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SAMPLE INTERVIEW QUESTIONS

for **DR. KAAYLA T. DANIEL**

1. What roles do cholesterol and saturated fats play in Naughty Nutrition[®]?
2. Are low-fat, low-cholesterol foods contributing to the epidemic of depression and other mental health disorders?
3. Why is America experiencing an epidemic of infertility -- now 1 in 7 couples, and predicted to soon be 1 in 3?
4. Why are more than 70 million Americans experiencing loss of libido or other sexual dysfunction?
5. Is there any truth to the rumor that soy dampens the libido?
6. How did red meat get its dangerous reputation?
7. Is bacon the secret to a “smokin’ hot” body?
8. How does a plant-based diet fad support celibacy?
9. Do you have any “groundbreaking” news about coffee?
10. Is chocolate a true aphrodisiac? Why do British women prefer chocolate to sex?
11. Do oysters deserve their reputation as “The King of Aphrodisiacs”?
12. What foods will heat up your love life? And which of those might be “too hot to handle”?
13. Should bone broth be called “boner broth”? And is it true you are starting a chain of “broth-els”?



ABOUT **DR. KAAYLA T. DANIEL**

Kaayla T. Daniel, PhD, is known as The Naughty Nutritionist® because she tells “the truth that’s too hot to handle.”

She is author of *The Whole Soy Story: The Dark Side of America's Favorite Health Food* (2005), *Hook, Line and Stinker: The Truth about Fermented Cod Liver Oil* (2015), and coauthor of the bestselling book *Nourishing Broth: An Old-Fashioned Remedy for the Modern World* (2014).



Dr. Kaayla received the Integrity in Science Award from the Weston A. Price Foundation in 2005, the Health Freedom Fighter Award from Freedom Law School in 2009 and the BadAss Award from the Paleo Primal Price Foundation in 2015.

She has been a guest on The Dr. Oz Show, PBS Healing Quest, NPR’s People’s Pharmacy, ABC’s View from the Bay, and Discovery Channel’s Medical Hotseat, among other shows, and has spoken at Ancestral Health, Paleo f(x), BoulderFest, Nutritional Therapy Association (NTA), and other leading conferences, summits and podcasts.

Visit DrKaaylaDaniel.com to learn more about Dr. Kaayla’s new online program *Dirty Little Secrets of the Detox Industry*. Discover shocking truths about the detoxification fad; learn what can help, what can harm; and find out how **YOU** can get the healthy results you desire.

CONTACT

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